



specialty  
foods  
since 1957.



# Super Premium Oatmeal



- Umpqua Oats super premium oatmeal is a satisfying, on-the-go breakfast choice for people who crave a hearty, delicious and creative meal to start every day!
- Custom milled, unbleached whole rolled oat with a rich nutty flavour.
- A lightly “chewier” texture that is never “mushy”
- Highest quality grade A, all natural nuts and fruits.
- No fillers, preservatives or artificial flavours.
- Gluten-free | Non-GMO Project Verified